



BC

Coach Development Pathway

Coach Development Pathway

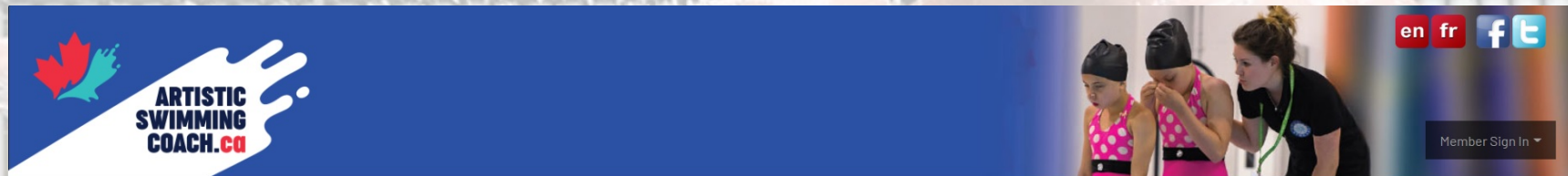
1. New Coaches
AquaGo!
2. Competition Introduction
3. Competition Development
4. Professional Development

New Coaches

- Know someone who is wanting to be a coach?
- Unsure where to start?
 - Step 1 – 15 years old
 - Step 2 – Contact Sport Development Director
- What happens next?
 - Waitlist - Minimum 6 to run a course
 - Check asc.ca – course calendar (next slides)
- Can I do anything while waiting for a course?
 - YES!

New Coaches

- Learn to navigate www.artisticswimmingcoach.ca



[Join artisticswimmingcoach.ca](#)

[Welcome to artisticswimmingcoach.ca](#)

[Course Calendar](#)

[Online Tools](#)

[CAS Coach Pathways](#)

[CAS Coach Developer Pathways](#)

[Certification Requirements](#)

[Maintenance of Certification and PD](#)

[What is the NCCP?](#)

[NCCP Multi-Sport Training](#)

[NCCP Resources](#)

[Safe Sport](#)

[Contact Info](#)

Welcome to artisticswimmingcoach.ca

Keeping Girls in Sport – Free e-learning opportunity Oct 21/21

We unfortunately know that 1 in 3 girls drop out of sport in adolescence because sport stops meeting her needs...

[View more](#)

Fall Comp Dev Online – register by October 17th! Sep 20/21

CAS is running one more Comp Dev online in 2021 (delivery in English)...

New Coaches

- Learn to navigate www.artisticswimmingcoach.ca

ARTISTIC SWIMMING COACH.ca

en fr f t

Member Sign In

Join artisticswimmingcoach.ca

Welcome to artisticswimmingcoach.ca

- Course Calendar
- Online Tools
- CAS Coach Pathways
- CAS Coach Developer Pathways
- Certification Requirements
- Maintenance of Certification and P...
- What is the NCCP?
- NCCP Multi-Sport Train**
- NCCP Resources
- Safe Sport
- Contact Info

Welcome to artisticswimmingcoach.ca

Keeping Girls in Sport - Free e-learning opportunity Oct 21/21

We unfortunately know that 1 in 3 girls drop out of sport in adolescence because sport stops meeting her needs...

[View more](#)

Fall Comp Dev Online - register by October 17th! Sep 20/21

CAS is running one more Comp Dev online in 2021 (delivery in English),...


BC ARTISTIC SWIMMING

New Coaches

IMPORTANT: Download “A step-by-step guide to registering for an AquaGo! Workshop on artisticswimmingcoach.ca”

Join artisticswimmingcoach.ca

Welcome to artisticswimmingcoach.ca

 Course Calendar

Online Tools

CAS Coach Pathways

CAS Coach Developer Pathways

Certification Requirements

Maintenance of Certification and PD

What is the NCCP?

NCCP Multi-Sport Training

NCCP Resources

Safe Sport

Contact Info

UANA

Course Calendar

How to register for a course – please read instructions below first

If you have previously used the www.artisticswimmingcoach.ca site to register for a course, elearning, convention/conference or to access the tools and **you are already a member** of the site, please **SIGN IN TO YOUR PROFILE PAGE** (button top right corner), click on CLINIC from the top menu bar and select the clinic you are interested in.

If this is your **FIRST TIME** using artisticswimmingcoach.ca and you would like to register for a clinic, you must first create a login/profile (note: there is no fee associated with this step). Please click on “Join artisticswimmingcoach.ca” (top left corner) and follow the instructions. **PLEASE TAKE NOTE OF YOUR USERNAME AND PASSWORD FOR FUTURE ACCESS TO THE SITE.**

ATTENTION AQUAGO! INSTRUCTOR CANDIDATES:

[A step-by-step guide to registering for an AquaGO! Workshop on \[artisticswimmingcoach.ca\]\(http://artisticswimmingcoach.ca\)](#)

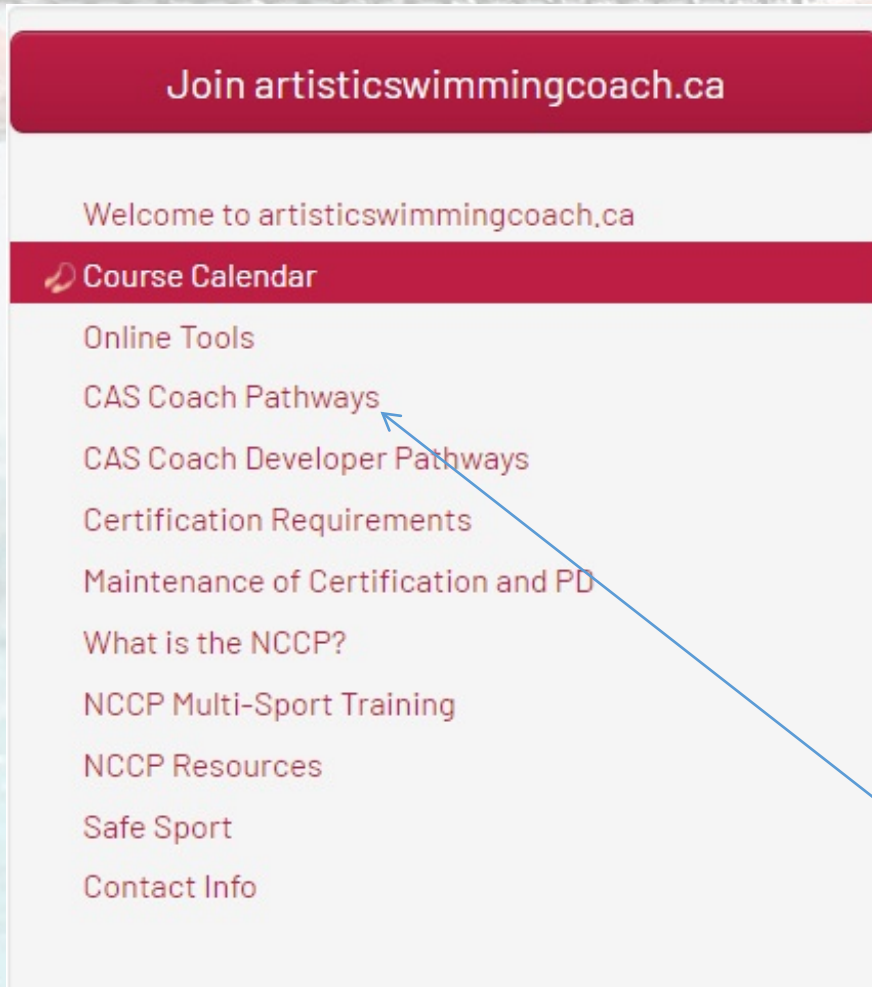
Please download and use this resource to help you register for an AquaGO! Workshop.

ATTENTION COACHES INTERESTED IN REGISTERING FOR COMP INTRO:

[A step-by-step guide to registering for a Comp Intro on \[artisticswimmingcoach.ca\]\(http://artisticswimmingcoach.ca\)](#)

Please download and use this resource to help you register for a Comp Intro Workshop.

New Coaches



Join artisticswimmingcoach.ca

Welcome to artisticswimmingcoach.ca

- Course Calendar
- Online Tools
- CAS Coach Pathways
- CAS Coach Developer Pathways
- Certification Requirements
- Maintenance of Certification and PD
- What is the NCCP?
- NCCP Multi-Sport Training
- NCCP Resources
- Safe Sport
- Contact Info

- Find a course
- Click “Course Calendar” for a complete list of all upcoming courses ACROSS CANADA
- If BCAS is not running one online, coaches can take a course in any province!
- Even if you do not find one, there is still more you can do while you wait
- Check out the CAS Coach Pathways

Canada Artistic Swimming - Coach Development Pathway

(Effective April 1, 2022)

Clarification re: NCCP Make Ethical Decisions "MED": Effective September 1, 2020 instructors/coaches will be REQUIRED to take NCCP Make Ethical Decisions TRAINING (3.5 hour module delivered by Provincial/Territorial Coaching Association) as part of their required training (as per our CAS Coach Development Pathway for AquaGO!, Comp Intro & Comp Dev). Note that CAC states "Any coach requiring NCCP trained status will require the NCCP Make Ethical Decisions Training." Instructors/Coaches then complete MED online evaluation as an outcome of their Evaluation and Certification. Anyone who has completed MED online evaluation prior to September 1, 2020 is exempt - this is not retroactive.

Intro to Artistic Swimming – AquaGO!						
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training	Evaluation	Professional Development
AquaGO! Instructor (Prerequisite to Comp Intro as of April 1, 2021)	15 years of age	Active Start FUNdamentals	Clubs Aquatic Facilities Municipalities	Sport Specific Modules (NSO/PSO): <ol style="list-style-type: none"> 1. Delivering AquaGO! 2. LTAD & Fundamental Movement Skills 3. Swimming Fundamentals 4. Bring a Lesson Plan to Life 5. Artistic Swimming Skills 6. Practical In-Pool component 	<input checked="" type="checkbox"/> AquaGO! Evaluation: <ul style="list-style-type: none"> • Must be 16 years of age • Must have completed AquaGO! in-pool practical/micro-teaching • AquaGO! Evaluation Quiz • AquaGO! Portfolio • Observed delivering an AquaGO! lesson <input checked="" type="checkbox"/> Outcomes: <ol style="list-style-type: none"> 1. Analyze performance 2. Provide support to athletes in training 3. Make Ethical Decisions (online evaluation) 	10 PD points every 5 years
	Pre-requisites: <ul style="list-style-type: none"> ✓ Member in good standing ✓ First Aid Training recommended ✓ Mandatory pre-course work: <ul style="list-style-type: none"> • Completes Coach Initiation in Sport online module: https://thelocker.coach.ca • Sport for Life Intro to Physical Literacy course & quiz • CAS LTAD Framework reading & quiz • Required reading 			NCCP Multi-Sport Modules: <ol style="list-style-type: none"> 1. Make Ethical Decisions Workshop 2. NCCP Emergency Action Plan (EAP) eLearning Workshop 		

Pre-requisites:

- ✓ Member in good standing
- ✓ First Aid Training recommended
- ✓ Mandatory pre-course work:
 - Completes Coach Initiation in Sport online module: <https://thelocker.coach.ca>
 - Sport for Life Intro to Physical Literacy course & quiz
 - CASLTAD Framework reading & quiz
 - Required reading



The Locker

Login

NCCP# or email [Look up my NCCP#](#)
Password [Forgot password?](#)
Remember me

[Don't have an NCCP#? Create one now!](#)

Login

Welcome to The Locker

The Coaching Association of Canada welcomes you to the Locker, the central location to easily access, manage, and maintain your coach training and records.

The Locker maintains the records of a growing community of over 2 million coaches in Canada of coach training offered through the National Coaches Certification Program(NCCP) and its partners.

The Locker is also where your affiliated sport organization will confirm your completed training and coaching certifications, offer sport - specific eLearning, schedule events, and generate reports.

How to get started:

1. Log in to the Locker
2. Update your profile and email preferences.
3. View your coaching qualifications transcript under the Certifications tab.
4. Find available training events for your sport.
5. Take online eLearning modules through the eLearning tab.

Additional coach training information, resources, and tips are available on www.coach.ca

New Coaches

- You have now completed the following:
 - Registered for an asc.ca account
 - Created a NCCP account in The Locker (NCCP Number)
 - Completed all AquaGo! Pre-requisites
 - Found a course
- Register & Pay
 - Complete AquaGo! Modules 1-5 Online – either run by BCAS or any other PTSO
- Am I ready to be on deck and coach AquaGo! in BC?
 - No yet...

In Training

- 15 years old ✓
- All pre-requisites ✓
- Done Modules 1-5 ✓

VS Trained

- Making Ethical Decisions ✗
- Emergency Action Plan ✗
- 4 hour In-Pool Practical ✗



VS Certified

- 16 Years old ✗
- AquaGo! Quiz (asc.ca) ✗
- Portfolio ✗
- Evaluation ✗



In Training

- 15 years old ✓
- All pre-requisites ✓
- Done Modules 1-5 ✓

VS

Trained

- MED ✓
- EAP ✓
- 4 hour In-Pool Practical ✓

AquaGo!

A Coach is now allowed on deck as long as they:

- Meet the BCAS Coach Certification Policy Standards (Respect in Sport, background screening, Making Headway)
- Register in CAS e-Reg system
- Pay applicable fees

VS Certified

- 16 Years old ✗
- AquaGo! Quiz (asc.ca) ✗
- Portfolio ✗
- Evaluation ✗

In Training

- 15 years old ✓
- All pre-requisites ✓
- Done Modules 1-5 ✓

vs Trained

- MED ✓
- EAP ✓
- 4 hour In-Pool Practical ✓

A Coach has two years from the time they are “Trained” to complete their certification

AquaGo!

vs

Certified

- 16 Years old ✓
- AquaGo! Quiz (asc.ca) ✓
- Portfolio ✓
- Evaluation ✓

In-Pool Practical

- NEW Post Covid
- Allowed to remain online for Modules 1-5
- Requirement of the Coach of Canada to have this one module in-person
- BCAS Plan – run courses in alignment with our events/competitions

Competition Introduction

Competitive Program								
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training		Evaluation	Professional Development	
Competition Introduction <i>Revised and effective as of Sep 1, 2020</i>	16 years of age	Learn to Train Train to Train Masters	Clubs Provincial Championships	Sport Specific Modules (NSO/PSO): 1. Introduction 2. Planning for Performance Part 1 3. Introduction to Athletic Abilities and Skills 4. Figure Foundations 5. Developing and Training Routines 6. Planning for Performance Part 2 7. Planning a Practice 8. Analyze Performance 9. Practical In-Pool component	TRAINED	<input checked="" type="checkbox"/> Competition Introduction Evaluation: <ul style="list-style-type: none"> Submit Comp Intro Portfolio In-practice observation and debrief by evaluator In-competition observation and debrief by evaluator 	CERTIFIED	20 PD points every 5 years
	Pre-requisites: <ul style="list-style-type: none"> ✓ Member in good standing ✓ First Aid Training recommended ✓ Required to be AquaGO! "Trained" (completed modules 1-5, in-pool practical and required multisport modules) effective September 1, 2021. 			<input checked="" type="checkbox"/> Outcomes: <ol style="list-style-type: none"> Design a sport program Plan a practice Provide support to athletes in training 				
	Pre-course work: <ol style="list-style-type: none"> NCCP Coach Initiation in Sport* online module: https://thelocker.coach.ca Sport for Life Intro to Physical Literacy* online course & quiz CAS LTD Framework reading & quiz (via artisticswimmingcoach.ca) Comp Intro pre-course homework workbook <i>*if not previously completed</i>			NCCP Multi-Sport Modules: <ol style="list-style-type: none"> Make Ethical Decisions Workshop* Making Head Way in Sport eLearning Workshop Emergency Action Plan (EAP) eLearning Workshop* Sport Nutrition eLearning Workshop Basic Mental Skills Workshop Teaching and Learning Workshop <i>*if not previously completed</i>		<ol style="list-style-type: none"> Support the competitive experience Analyze performance Make Ethical Decisions (online evaluation)* <i>*if not previously completed</i>		

Competition Development

Competitive Program							
NCCP Course	Age Eligibility	LTAD Stage	Context	In Training	Evaluation	Professional Development	
Competition Development	18 years of age	Train to Train Train to Compete Masters	Clubs National Championships Provincial Teams Canada Games	Sport Specific Modules (NSO): 1. Developing Athletic Abilities 2. Planning a Practice (2) 3. Performance Planning 4. Analyze Figure Abilities 5. Analyze Routine Abilities 6. Manage a Sport Program	TRAINED	CERTIFIED	
	Pre-requisites:						NCCP Multi-Sport Modules: 1. Coaching & Leading Effectively Workshop 2. Leading Drug Free Sport Workshop 3. Make Ethical Decisions Workshop* 4. Making Head Way in Sport eLearning Workshop* 5. Managing Conflict Workshop 6. Prevention & Recovery Workshop 7. Psychology of Performance Workshop
	<ul style="list-style-type: none"> ✓ Member in good standing ✓ First Aid Training recommended ✓ <u>Required</u> to be Competition-Introduction trained (effective as of July 1, 2020) 						*if not previously completed
	Pre-course work:						<ul style="list-style-type: none"> ✓ Developing Athletic Abilities pre-course work ✓ CAS LTAD Framework reading & quiz ✓ Pre-course reading
						30 PD points every 5 years	



Professional Development

- Understanding the Rule of Two:
 - New NCCP Module
 - FREE – 1 PD Point
 - 20 minutes
 - **Anticipate it will be mandatory at some point in the future**
- Some other New FREE NCCP Modules available now for 1 PD Point each:
 - Bystander Empowerment
 - Understanding Teen Dating Violence
 - Modelling Healthy Relationships
 - Gender Based Violence in Sport

Mentorship Program

- Led by Biz Price
- 5 Coaches from across the province
- Next season:
 - Biz extrapolate her learnings from the season
 - Education opportunities to be created for coaches across the province

PHOTO TEAM

BCSG Pilot: Re-Evaluations

- Self Reflection Component



- Evaluator Feedback

- Not a pass or fail



