
Appendices – Specific Behaviour Expectations & Standards

In addition to the above, there are certain behaviour expectations and standards that apply to specific categories of Individuals and Organizations as outlined in Appendices A-G.

30. Appendix A: ATHLETES

Athletes shall:

- a) Strive for personal and team achievement through complete, consistent and sincere effort.
- b) Show respect for themselves and for all others.
- c) Contribute to a positive team culture by providing positive and constructive comments to teammates that motivate and encourage continued effort.
- d) Recognize that any bullying behaviour will not be tolerated and let their Coach, a Support Personnel, or a Person in Leadership know immediately if they have witnessed bullying behaviour or have been the victim of bullying.
- e) Immediately report to their Coach or Support Personnel any mental or physical health issue that may prevent or limit their ability to train, travel or compete and, in the case of national team or CSI-Pacific carded Athletes, their ability to fulfill the carding requirements.
- f) Comply at all times with the Discrimination, Harassment, and Maltreatment Policy and refrain from acting in a manner that is discriminatory, harassing, or maltreating any Individual.
- g) Only participate in competitions for which they are eligible to compete.
- h) Arrive for each practice, competition, selections or other Artistic Swimming Activity or Event on time, with all appropriate gear, well-nourished and prepared to the best of their ability.
- i) Conduct themselves in a sportsmanlike manner, whether as competitors or spectators, and not tolerate anyone among them who does not.
- j) Never consume alcohol, cannabis, tobacco, or e-smoking products as a Minor or while engaged in Activity or Event.
- k) Where applicable, adhere to the Organization's Athlete Agreement, its requirements and expectations.
- l) Comply with the Organization's rules and requirements regarding clothing, equipment, training, travel, competition and curfew.
- m) Align themselves with and follow the Rule of Two and BCAS Rule of Two Policy, and hold all other members accountable to the same standards.
- n) Comply with all other applicable Organizations' Policies.