



RETURN TO SPORT UPDATE

May 25, 2021

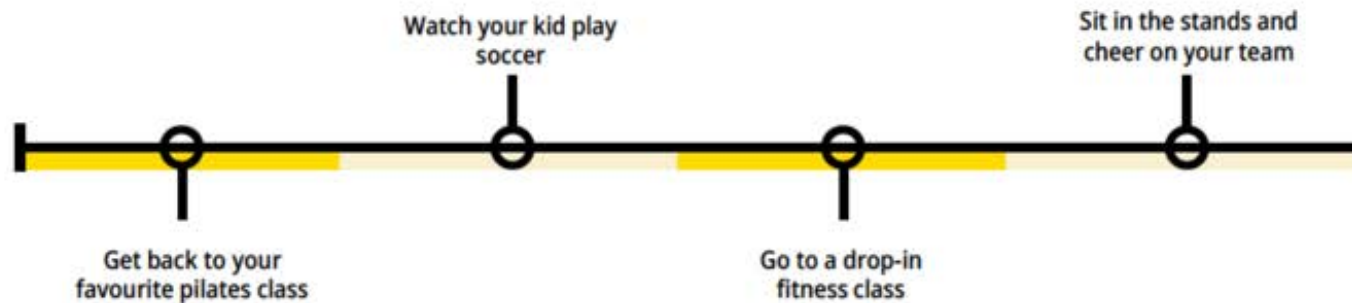
STEP	Criteria	PHO Guidance	Personal Gatherings	Organized Gatherings	Travel	Sports & Activities	Businesses	Offices & Workplaces
1 MAY 25	C: stable H: stable D1: 60%	Masks mandatory, indoor public spaces Physical distancing If sick, stay home and get tested	Outdoor personal gatherings – up to 10 people Indoor visitors – up to 5 people or 1 household	Indoor seated organized gatherings – up to 10 people Outdoor seated organized gatherings – up to 50 people	Recreational travel within your zone Non-essential travel between zones restricted	Low-intensity indoor fitness classes Outdoor local team games and practices for all ages – no spectators	Indoor & outdoor dining – up to 6 people Liquor service - 10PM Existing WorkSafeBC Safety Plans remain in place	Start gradual return to workplaces and offices Existing Safety Plans remain in place
2 JUNE 15 <small>(Earliest date)</small>	C: declining H: declining D1: 65%	Masks mandatory, indoor public spaces Physical distancing If sick, stay home and get tested	Outdoor personal gatherings – up to 50 people Indoor visitors – up to 5 people or 1 household Playdates	Indoor seated organized gatherings – up to 50 people Sector consultations on next steps on indoor and outdoor gatherings	BC recreational travel BC Transit and BC Ferries – increased services as needed	High-intensity indoor fitness classes – reduced capacity Indoor team games for all ages – no spectators Spectators for outdoor sports – up to 50 people	Liquor service – midnight Banquet halls reopen – limited capacity, Safety Plans Sector consultations on next steps on easing of restrictions	Continue return to work Small in-person meetings
3 JULY 1 <small>(Earliest date)</small>	C: low H: declining D1: 70%	Masks – recommended Careful social contact If sick, stay home and get tested	Return to usual on indoor and outdoor personal gatherings Sleepovers	Increased capacity, indoor and outdoor gatherings – Safety Plan Fairs & festivals with Safety Plan	Canada recreational travel	All indoor fitness classes – increased capacity Limited spectators for indoor sports	Dining – no group limit Bingo halls, casinos and nightclubs – limited capacity Operate based on new Safety Plans	Seminars and bigger meetings Operate based on new Safety Plans
4 SEPT 7 <small>(Earliest date)</small>	C: low H: low D1: 70%+	Masks – personal choice Normal social contact If sick, stay home and get tested	Normal social contact	Increased capacity on large organized gatherings (i.e. concerts)	Canada recreational travel	Increased indoor and outdoor spectators Return of normal sport competitions – Safety Plans	Continue to operate based on new Safety Plans	Fully re-opened offices and workplaces

C: C-19 case counts H: C-19 hospitalizations D1: minimum % of people 18+ with dose 1

May 25, 2021



Examples of what this might mean for you



June 1, 2021

Return to Sport Restart 2.0

viaSPORT
BRITISH COLUMBIA

STEP 1 Effective May 25

Outdoor sport

- Practices and competition allowed for youth and adults within their home club*
- Physical distance not required on field of play (i.e. contact is allowed). Off field of play, physical distance of 2 m must be maintained.
- Travel allowed to home club only (and cannot cross travel zones)
- Maximum group size for adults and varsity sport is 50 (if group is a mix of youth and adult, 50 person maximum must be followed)
- No maximum group size for youth to allow for more flexibility (e.g. adult supervision)
- No spectators

Indoor sport

- Same restrictions that were in place prior to May 25
 - ▶ 3 m physical distancing required for children and adults on field of play
 - ▶ Adult sport limited to two people
 - ▶ No spectators
 - ▶ Travel to home club only (and cannot cross travel zones)

High-performance sport

- Sport Canada carded athletes (Canadian Elite or Podium levels) may travel across the three travel zones
- Canadian Sport Institute Pacific identified athletes** who are not Sport Canada carded can train, travel and compete within their travel zone

STEP 2 June 15 (Earliest)

Outdoor sport

- Increased travel allowed
- Up to 50 spectators

Indoor sport

- Increased travel allowed
- Physical distance not required on field of play
- Competition allowed
- Maximum group size TBD
- No spectators

High-performance sport

- Provincial travel restrictions lifted

STEP 3 July 1 (Earliest)

Outdoor sport

- Increased group size
- Increased number of spectators

Indoor sport

- Increased group size
- Limited number of spectators

High-performance sport

- Increased travel allowed

STEP 4 Sept 7 (Earliest)

Return to normal sport competitions for both indoor and outdoor sport

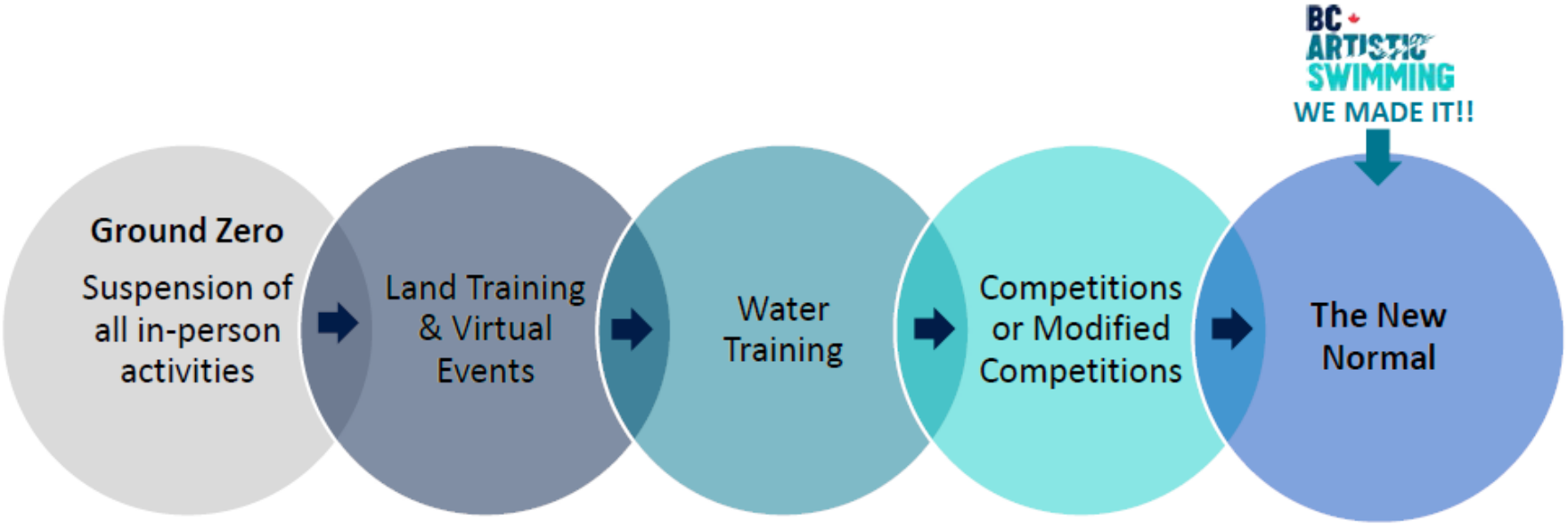
ALL STEPS: Transition between the steps will be dependent on case counts, hospitalizations, and vaccination rates. Sport specific COVID-19 guidance documents and safety plans should be adapted to fit the steps outlined in this Return to Sport Restart 2.0 Chart.

***Home club**—the sport organization, club or facility with, or at which, a person is registered for ongoing sport programming

****High-performance athlete**—a person who is identified by the Canadian Sport Institute Pacific as a high-performance athlete affiliated with an accredited provincial or national sports organization

Updated as of June 1, 2021

Return to Artistic Swimming Plan



Artistic Swimming Restart Plan

June 7, 2021

Artistic Swimming Restart Plan
Version 1 | June 7, 2021

THE NEW NORMAL: BCAS RESTART PLAN

WHERE WE NOW?

Water Training → Competitions or Modified Competitions → **BC-ARTISTIC SWIMMING WE MADE IT!!** → The New Normal

THE NEW NORMAL: BCAS RESTART PLAN

Step 2 → Step 3 → Step 4

BC RESTART PLAN*: The New Normal

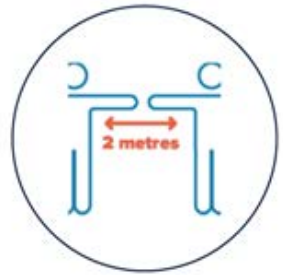
	Indoors	High Performance
Outdoors	<ul style="list-style-type: none"> NO CHANGE: Activities align with BCAS Return to Artistic Swimming Guidelines vs. 3-metres physical distancing required Adult participation limited to 2 people NO spectators NO travel across zones Masks required outside field of play 	<ul style="list-style-type: none"> Sport Canada carded athletes may travel across zones CSI-Pacific carded athletes can train, travel, and compete within their zone
Indoors	<ul style="list-style-type: none"> Youth and adults can participate. Increased travel allowed - TBD No physical distancing in field of play Competition allowed Maximum group size TBD No cohorts required NO spectators 	<ul style="list-style-type: none"> Provincial travel restrictions lifted Increased travel allowed

TURN TO NORMAL ARTISTIC SWIMMING TRAINING AND COMPETITIONS

1.0 in Appendix 2.

BC ARTISTIC SWIMMING

Artistic Swimming Restart Plan



MAKING SPACE
BETWEEN PEOPLE



PRACTICE GOOD
HYGIENE



ONGOING HEALTH
MONITORING



TRAINING
ENVIRONMENT
HYGIENE



MODIFY TRAINING
ENVIRONMENT &
ACTIVITIES



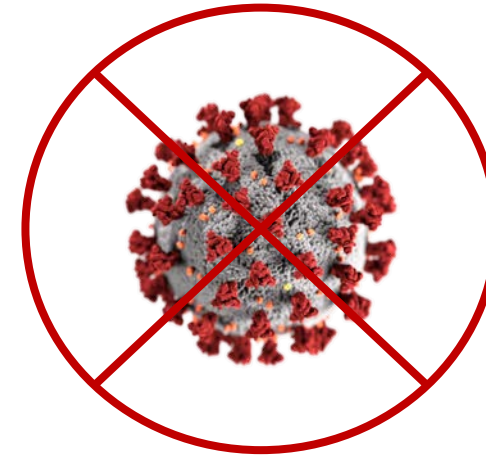
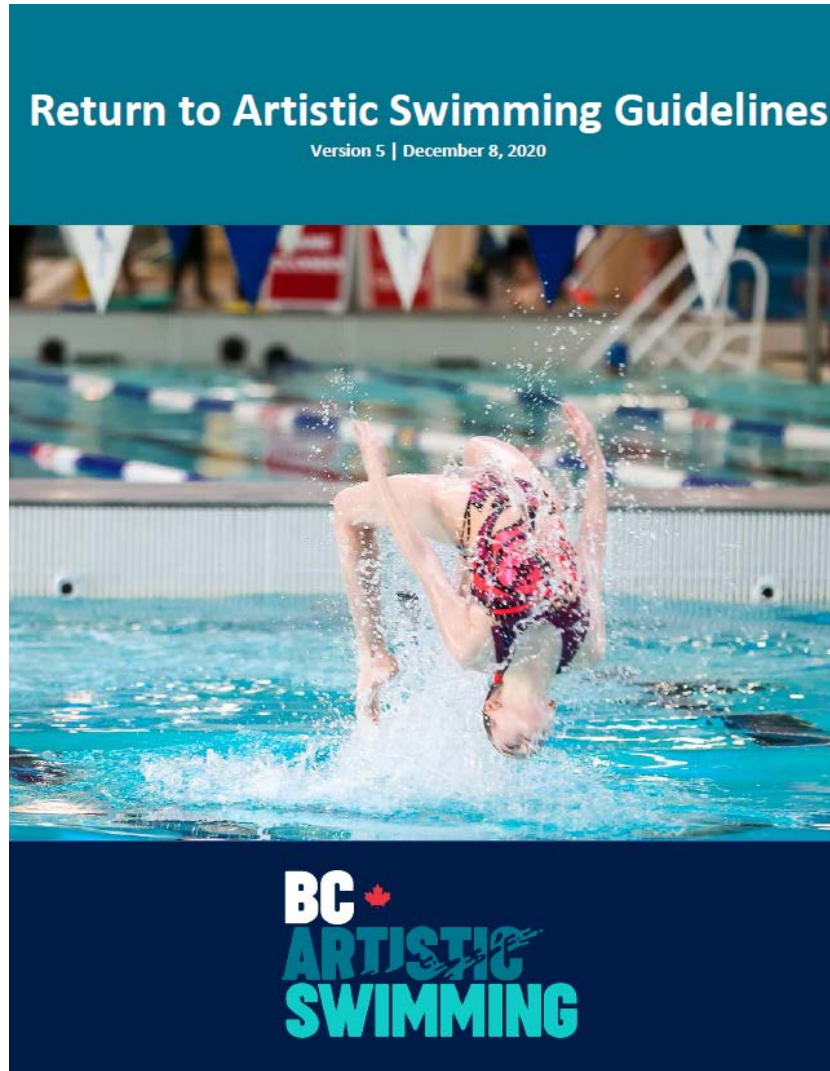
SAFE SPORT
ENVIRONMENT



PLANNING &
COMMUNICATIONS

Guiding Principles

Artistic Swimming Restart Plan



↓ COVID-19 CASES



↓ HOSPITALIZATIONS



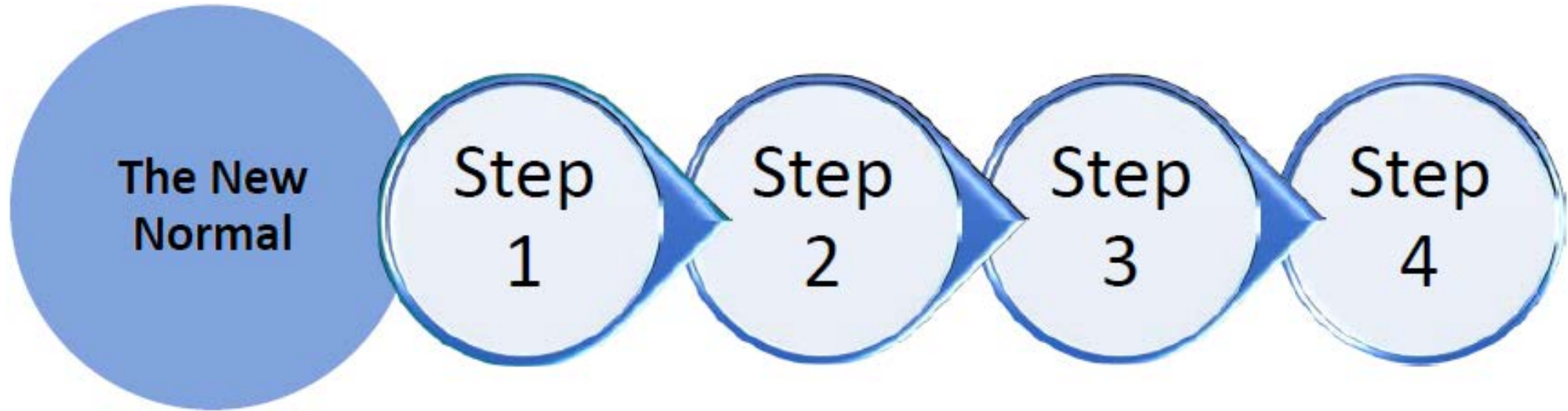
↑ VACCINATION RATE



↓ COVID-19 DEATHS



Artistic Swimming Restart Plan



Artistic Swimming Restart Plan



Step 1

Step 2

Step 3

Step 4

BCAS RESTART PLAN* ¹ : The New Normal			
Timeline	Outdoors	Indoors	High Performance
June 7	<ul style="list-style-type: none"> ✦ Youth and adults can participate. ✦ No physical distancing in field of play. Off field of play 2 metres ✦ No travel except to home club ✦ Max group size for adults is 50. No group size limits for youth ✦ NO spectators ✦ Cohorts not required 	<p>NO CHANGE: Activities align with BCAS Return to Artistic Swimming Guidelines v5</p> <ul style="list-style-type: none"> ✦ 3-metres physical distancing required ✦ Adult participation limited to 2 people ✦ NO spectators ✦ NO travel across zones ✦ Masks required outside field of play 	<ul style="list-style-type: none"> ✦ Sport Canada carded athletes may travel across zones ✦ CSI-Pacific carded athletes can train, travel, and compete within their zone
June 15 EARLIEST	<ul style="list-style-type: none"> ✦ Increased travel allowed - TBD ✦ Up to 50 spectators 	<ul style="list-style-type: none"> ✦ Youth and adults can participate. ✦ Increased travel allowed - TBD ✦ No physical distancing in field of play ✦ Competition allowed ✦ Maximum group size TBD ✦ No cohorts required ✦ NO spectators 	<ul style="list-style-type: none"> ✦ Provincial travel restrictions lifted
July 1 EARLIEST	<ul style="list-style-type: none"> ✦ Increased group size TBD ✦ Increased number of spectators TBD 	<ul style="list-style-type: none"> ✦ Increased group size TBD ✦ Limited number of spectators TBD 	<ul style="list-style-type: none"> ✦ Increased travel allowed
Sept 7 EARLIEST	RETURN TO NORMAL ARTISTIC SWIMMING TRAINING AND COMPETITIONS		

Outstanding Details:
Group Size
Travel
Mask Requirements

ASRP is a living document and will be updated and re-distributed as new info is available.



Artistic Swimming Restart Plan

Club Roles & Responsibilities

- Do your part! Following rules will trigger next step!
- Respect facility rules & protocols – changes may be slow and inconsistent across municipalities
- Encourage members to get vaccinated. Proof of vaccination is not required and clubs cannot request it.
- Allow everyone to adjust to The New Normal
- Update Club Safety Plan – Executive Approval
- Follow **Gradual Return to Contact Guidelines**
- Follow best, reliable, and safe practices



Questions

